

Health & Well-being kit

Wristband sampling

*Please read this document carefully
before unpacking your wristband.*



1 Check the contents of your Kudzu kit

Only unpack the wristband just before you start to wear it.

Your Wristband Kudzu Kit includes:



An aluminium box with lid containing a silicone wristband.

To be stored until the end of the sampling.



A paper envelope with a sampling form to identify your sample.

To be stored until the end of the sampling.



A memo card, indicating the ID number of your kit.

Please keep it safe.



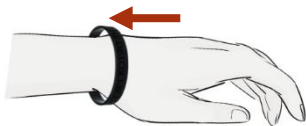
A prepaid envelope to send your sample to Kudzu Science.

If a component is missing, please contact us: info@kudzuscience.com.

2 Start your sampling



1 Take the wristband out of the aluminium box. **Store the box and the lid** as they are essential for sending your sample to the laboratory.



2 Place the wristband on your wrist. Your sampling time begins. **Continue to live your life as normal:** keep it on at all times (even for sleeping and personal hygiene).

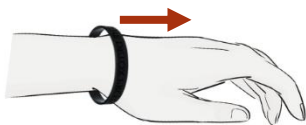


3 Fill in the sampling form on the paper envelope.

3 Your sampling is complete



The 7-day period is over.



1 Remove the wristband from your wrist and place it directly into the aluminium box. Close the box with the lid.



2 Complete the sampling form and then insert the aluminium box containing the wristband into the paper envelope.



Caution: From the end of sampling until the shipping to the laboratory, it is recommended to **keep the wristband in the envelope refrigerated.**

4

As soon as possible: return your sample to the laboratory



1

Prepare the prepaid return envelope.

You can note down the tracking number to follow the delivery of your sample to the laboratory.

2

Slip the small envelope containing your sample into the prepaid envelope.

3

Close the envelope and put it in the post.

5

Find out your results

Your results are available within 15 days at the latest once Kudzu Science has received your sample.

Mon Kit Kudzu

Votre identifiant / Your ID number
R1-0111-x1k7j2

Entrez votre numéro de kit:
Ex : R1-0111-x1k7j2

Continuer



To access your analysis report:

1

Go to www.kudzuscience.com

2

Click on « Mon kit Kudzu ».

3

Enter the 12-character ID number which appears on your memo card and click on « Continuer ».

4

Download your analysis report.

Do you have any questions? Do you need information or advice?

Do not hesitate to contact our Customer Service
by email at info@kudzuscience.com or by phone on (+33) 369 614 600.